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### U.S. urges Twitter to stay online in Iran

**SOCIAL MEDIA** The U.S. State Department said yesterday it had contacted the social networking service Twitter to urge it to delay a planned upgrade that would have cut daytime service to Iranians who are disputing their election.

Confirmation the U.S. government had contacted Twitter came as the Obama administration sought to avoid suggestions it was meddling in Iran's internal affairs as the Islamic Republic battled to control deadly street protests over the election result.

Twitter and Facebook have been used as a tool by many young people to coordinate protests over the election's outcome. **REUTERS**

# Holmes named parade marshal

Cowboy work ethic earns TV star honour

KRISTA SYLVESTER  
krista.sylvester@metronews.ca



**He's got to work on his "yahoo" and trade his hard hat for a cowboy hat, but popular television contractor Mike Holmes is ready to take the reins as the 2009 Calgary Stampede parade marshal.**

Dr. David Chalack, president and chairman of the board, announced the Holmes on Homes TV reality show star as the parade marshal along with eight members of the Canada World Skills team yesterday at the kickoff event for the 2009 Stampede at the BMO Centre at Stampede Park.

"I've never worn a cowboy hat before and I'm wearing cowboy boots, but I am feeling comfortable and I'm really excited. It's going to be a lot of fun," Holmes said of the honours.

Holmes, a self-professed Stampede virgin, said he will spend four days having fun at the Stampede after serving his duties as parade marshal.

"I have never been before, so I'm pretty excited, but for me it's really about doing the right thing and keeping the

### Former marshals

- 2004 — Darryl Sutter, Ken King and Robin Regehr
- 2005 — Ralph Klein and Norman Kwong
- 2006 — Sarah Renner, cross-country skier and Bjornar Hakensmoen, Norwegian cross-country ski coach
- 2007 — Benjamin Jackson, Rob Lewis and Carlos Koppen, breast cancer fundraisers
- 2008 — Patsy Rodgers, first ever Stampede Queen 1946

heritage and the spirit going," Holmes added.

Chalack said Holmes was chosen as the marshal because of his genuine cowboy work ethic.

"He is a man of integrity and a man who believes in doing things right by doing the right thing," Chalack said, citing a Red Steagall poem when announcing Holmes as marshal.

Holmes, who will also be in the city for the World Skills competition later this year, will be joined by several of World Skill participants for the parade, including 23-year-old Dan Reid.

"It just keeps getting bigger and bigger for me. I never thought anything like this would happen," Reid said.

Reid, who is from Cochrane, said he attends the Stampede every year, but this year being part of the parade will be a highlight.

"I'm a little excited, a little nervous, but it's going to be a lot of fun."

MORE COVERAGE, PG 2

### Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Calgary and Canada. This is also a Call to Action for you to send us your suggestions at [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca), [metronews.ca](mailto:metronews.ca), or on Twitter @metrocaltary.

- On [metronews.ca](http://metronews.ca)
- Share your SunnySide thoughts on what makes Calgary tick — people, places, events and architecture — on Twitter using #sunnyside
- See what other Metro readers are doing and saying about SunnySide

## Zoo parking fee put off by equipment delay

AMY GREGSON  
for Metro Calgary



The Calgary Zoo was set to become the latest in a series of parking lots picking at parker's pockets. Equipment delays have since given a one-month reprieve to users.

"We are waiting for the gate

and ticketing equipment to arrive and it hasn't yet," said Laurie Herron, manager of communications for the zoo.

Herron said they hope to have all the equipment in place by Aug. 1 to start charging the \$5.

When implemented anyone who parks at the zoo lots, including the 500 spots set aside for LRT users, will be charged. Zoo mem-

bers receive free parking after 8:45 a.m. The reason for the fee is to share the maintenance costs on the lots said Herron.

"It was coming out of zoo operating funds and not being shared by those using the lots." The zoo has paid for all upkeep in the last 20 years.

Construction to update the north parking is also happening.

Improvements include better lighting, security cameras and pedestrian walkways. An additional 500 stalls will be added.

Herron said construction will continue in phases and be completed in late fall.

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A University of Calgary alumnus will be the first person to receive an honorary degree while in orbit around the Earth. Robert Thirsk will receive an honorary doctorate of laws via an uplink to the International Space Station. **METRO CALGARY**

# Local



## Swing your partner

The city will be providing free country and western dance lessons for adults. Potential dancers will be able to receive the lessons on either June 17 or 24 from noon to 1 p.m. at the Stu Peppard arena, located at 5300-19th Street SW. For more information visit [calgary.ca](http://calgary.ca) **METRO CALGARY**

## School board announces new superintendent

**LEADER** After an international search for their new leader, the Calgary Board of Education found one in their own backyard.



Johnson

Naomi Johnson, currently the acting deputy chief superintendent, was announced as the new chief superintendent of the CBE.

"I am so honoured to take up the leadership of the Calgary Board of Education," said Johnson.

Johnson will spend the coming months transitioning into the role and officially start on Aug. 27.

"My work will be to support, lead and provide guidance and direction in order to leverage the core purpose of the organization," said Johnson.

She said her goal within the schools is to continue working on the three-year education plan and raising the bar for students.

Johnson said another goal is to confirm people who are in acting positions on the board.

**AMY GREGSON/FOR METRO CALGARY**

## Poor economy, more value

Financial crisis? Stampede rolling out fun 'for some relief'

**KRISTA SYLVESTER**  
[krista.sylvester@metronews.ca](mailto:krista.sylvester@metronews.ca)

If the kickoff was any indication, the 2009 Calgary Stampede really will be the best outdoor show in history as over 100 new additions were announced at the star-studded launch yesterday.

The Calgary Stampede wanted to add more value to the customer experience by making it bigger and better this year during the tough economic times, board president and CEO Dr. David Chalack said.

"What it really comes down to is the experience and most importantly we want everyone to really enjoy themselves," Chalack said. "It really is going to be the best year ever, ab-



The Groovaloo Dancers performing at the Stampede 2009 kickoff party where they announced all the new, fun improvements and acts to this year's edition of the Greatest Outdoor Show on Earth.

solutely."

Chalack said while the world is in a different eco-

nomie state than last year, the Stampede will offer more of everything for

people to come out and kick up their heels for some relief.

"The world is coming to us and we're ready to let the party begin," he added.

Highlights of the new rodeo additions include a new chuck wagon format, bigger prize money topping over \$2 million, more world champions competing and an exceptional finale weekend, Chalack added.

Derby Les McIntyre, a former rider and new voice of the GMC Rangeland, said there are many more additions visitors will be able to enjoy, including more restrooms, bicycle parking spaces, wider walkways and new exhibitions.

"Talk about exciting. For me this is a dream come true," he added.

ROBIN KUINS/FOR METRO CALGARY

## Third charged in New Year's Day triple homicide

**LEADER** The Calgary Police Service has charged a third man, Nathan Zuccherato, 22, of Calgary, in connection with a shooting that left three people dead on New Year's Day 2009.

Insp. Guy Slater confirmed Zuccherato, who walked into police headquarters downtown accompanied by his lawyer, was known to the gang unit as a gang associate

and was one of four men injured in a Chinatown shooting Nov. 16, 2008.

Slater said police were interviewing Zuccherato as of last night in relation to the New Year's shoot-

ing that left a known gang member, his associate and a bystander dead.

Two others were charged in the triple homicide last week.

**KRISTA SYLVESTER/METRO CALGARY**

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## News in brief

**ARREST** After first serving a prison sentence in the U.S., a Canadian man is back in RCMP custody. Michael Desmarais is accused of killing Edmontonian Gordon Millis in 1992 and has been charged with first-degree murder. He was scheduled to appear in court Tuesday.

**LIGHTNING** Severe lightning caused several downtown power outages late yesterday afternoon, and also caused the NE LRT line to shut down to one line between the Rundle and Whitehorn stations.

**DRAGON BOAT** According to several reports, it appears the popular annual Dragon boat races have been cancelled this year. Last year the charity races were nearly cancelled, but went off on the traditional August weekend.

**FOOTPRINT** Calgarians wishing to find out what their ecological footprint is and how they can reduce it can visit [calgary.ca](http://calgary.ca) and go to Business Units and Environment and Safety Management to find it.

**RESEARCH** Alberta Environment Minister Rob Renner is expected to announce funding today for the University of Alberta to research balancing energy development with environmental protection, in particular for oil sands site reclamation.

**RECRUITING** The City of Calgary is making changes to its recruitment practices to comply with a national agreement to remove inter-provincial barriers for job seeking Canadians. The new provisions will reduce residency requirements, licensing barriers and differing occupational standards.

**METRO CALGARY**

**metronews.ca**

What's online today.

**Video** Canadian combat engineers patrol on one of the Afghan mission's most dangerous jobs — defusing IEDs at [metronews.ca/canada](http://metronews.ca/canada)

**Watch** the MetroTube of the Day — the video you need to see

**Blogs** Internets explains why Twitter's role in the Iranian protests is just the beginning of the next revolution in social networking



Follow Metro on Twitter for news updates and more:  
**@metrocalgary**



## Alberta government launches fire safety website

The Alberta government is taking action against high-intensity residential fires and protecting Albertans with their new fire safety campaign. The new interactive website, [3minutedrill.alberta.ca](http://3minutedrill.alberta.ca), launched yesterday and provides a safety checklist and information about fire safety. **METRO CALGARY**

# Emergency centre on the way

JOEL MESSNER  
for Metro Calgary

**Calgary is well on its way to being better prepared for its next state of emergency, according to city officials.**

Yesterday the city put shovels to the ground of the new Emergency Operations Centre located at 617 - 1 St NE.

"The floods in 2005 made it clear that the Emergency Operations Centre built 60 years ago was not adequate to meet the needs of Calgary today," said Mayor Dave Bronconnier.

The new 53,000-square-foot centre is expected to open its doors in early 2012.

"(The Emergency Operations Centre) will house 30 different agencies everyone from the Red Cross to Calgary Transit, Police, Fire, EMS, front line services, environmental and emergency protection services," said Bronconnier.

The new \$54-million facility will be funded by the City of Calgary and the province. Bronconnier admits it is vital to have this



Mayor Dave Bronconnier was the first to lend a hand at the official cement pour for the new Emergency Operations Centre (EOC). Scheduled to open in 2012, the EOC will serve as the hub for municipal operations during a major emergency.

new facility, but hopes it doesn't have to be used.

"It's a bit like insurance, you hope and pray you'll never use it, but when you do, it is vital," said Bronconnier.

It is important to the

city the building is environmentally friendly and doesn't disrupt the community surrounding it, according to city officials.

"In an effort to lessen the environmental footprint and ensure a better

fit with the residential community and adjacent park, the new EOC will be built primarily underground," said Tom Sampson, deputy chief of emergency management at the Calgary fire department.

## U of C experts dispute claim that light-coloured roofs save energy

**CLIMATE** Lighter coloured roofing has been rumoured to save money on energy and slow global warming. U.S. Secretary of Energy Steven Chu suggests people will save energy and money on air conditioning by deflecting the sun's rays. Chu also suggests pale surfaces could slow global warming by reflecting heat back into space — but some have their doubts.

"(White roofs) are not that useful for climate change," said David Keith, an engineering professor at the University of Calgary.

"This is because there simply aren't enough roofs in the world."

Tang Lee, an environmental design professor at the U of C, says that idea will only save energy costs for those who live in hotter countries. "It doesn't make sense for Canadians," said Lee. "Canadian houses are very well-insulated, while American houses are not. Because we do have such good insulation, it doesn't matter what colour cladding we have on the exterior because it's not going to make a big difference."

JOEL MESSNER/  
FOR METRO  
CALGARY

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## Trade your precious time for precious art at volunteer event

**VOLUNTEER** If you can't spare a dime, how about a little time?

That's the idea behind the fourth annual Calgary Timeraiser Thursday at Flames Central, an event that connects people to causes through art and volunteering, according to spokesperson Stewart McDonough.

"It's like speed dating for volunteers. Participants bid on pieces of art from

local and emerging artists with time instead of money," he said, adding the maximum bid is 125 hours to be completed over a year. There will be 25 pieces of art to bid on and 20 different agencies of which potential volunteers can mingle with before the bidding.

For more information please visit [timeraiser.ca](http://timeraiser.ca).

KRISTA SYLVESTER/  
METRO CALGARY

## Foundation commits \$11M for breast screenings in Alberta

**HEALTH** Digital mammography technology in Alberta got a boost yesterday as the Alberta Cancer Foundation committed \$11 million to help screen women for cancer.

The money was raised through the 2006 to 2009 Weekend to End Breast Cancer events in Edmonton and Calgary.

"Women across the province will have access to this life-saving service,

thanks to thousands of participants and donors of our Weekends to End Breast Cancer," said Linda Mickelson, CEO of the Alberta Cancer Foundation.

The \$11 million will go towards two mobile screening units that will visit 100 rural communities and digital mammography equipment for Calgary and Edmonton.

AMY GREGSON/  
FOR METRO CALGARY

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About 480 workers at the Globe and Mail newspaper will vote this weekend on whether to give their union a strike mandate amid tense negotiations over a new contract, a union official said yesterday. **REUTERS**

# Canada



## Walk of Fame inductees named

Blue Rodeo, Raymond Burr, Kim Cattrall, left, Tom Cochrane, Dsquared2, Howie Mandel, Robert Munsch and Chantal Petitclerc will be inducted into Canada's Walk of Fame in September, it was announced yesterday.

METRO NEWS SERVICES

## Outrage goes online

KRISTEN THOMPSON  
Metro Canada

**IRAN ELECTION** As people outraged over Iran's election results take to the streets in protest, even more are taking to the information highway.

On June 12, President Mahmoud Ahmadinejad claimed victory over reformist candidate Mir Hossein Mousavi in a national election. Millions of Iranians claimed the vote was rigged. The Internet has since been swarmed with forums and debates.

"(Postings) on Twitter and Facebook is bringing awareness on the issues," said Vancouverite Ramin Joubin, 28.

VIDEO: The Net was feeding Iranian dissent before this election at [metronews.ca/canada](http://metronews.ca/canada)

## Montreal Walking tall



A stilt-walker practices in Cirque du Soleil's attempt at a Guinness world record for most people simultaneously walking on stilts in Montreal, yesterday. A controversial new book about Cirque du Soleil owner Guy Laliberté has been a distraction from the Cirque du Soleil's 25th anniversary events.

## Talks 'productive'

Ignatieff, PM scheduled to meet again today

The chances of an early federal election appeared to diminish sharply yesterday after the leader of Canada's main opposition party held two rounds of "productive" talks with Prime Minister Stephen Harper.

Liberal Leader Michael Ignatieff had threatened Monday to topple Harper's minority Conservative government, but the political temperature dropped when the two men met for what both sides agreed were productive discussions.

More talks were scheduled for this morning, spokesmen for both sides said, but the outcome seemed increasingly clear. Ignatieff's ally Steve Mackinnon said on CTV that he expected "ultimately no election."

Ignatieff had said Mon-



Ignatieff

Harper

day he would try to bring down the Conservatives on a budgetary vote Friday unless Harper explained in detail how he planned to help Canadians survive the economic downturn.

Although Harper quickly delivered a largely defiant response, Ignatieff then said he saw enough in the prime minister's words to indicate some progress had been made. Harper then suggested the two meet yesterday.

"We're gradually getting clearer answers and we

made a little progress yesterday," Ignatieff told French-language broadcaster Radio-Canada before the talks started.

After having spoken of progress and productive talks, it would be tricky for Ignatieff to suddenly force an election.

Political observers largely agree that Ignatieff took too hard a line on Monday and is looking for a way out. **REUTERS**

## No election fever

• Canadians are showing little interest in what would be the country's fourth election in little over five years. A Harris-Decima poll for Canadian Press Monday said only 14 per cent of respondents wanted an election now.

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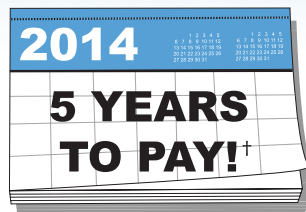
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**Tainted shipment brings canola scrutiny**

Cargill shipments of Canadian canola meal into the United States face more scrutiny after salmonella was found in a shipment this winter, a U.S. Food and Drug Administration document shows. **REUTERS**

canada **5**

# Homeless soccer squad defending its title

JEFF HODSON  
Metro Canada



**Vancouver's Eastside Sun Eagles, Canada's homeless street soccer champions, are heading to Toronto**

## this weekend to defend their title.

The team, formerly the Vancouver Dream Catchers, won the Street Soccer Canada tournament in Calgary in September, but didn't make the trip to Australia to com-

pete in the 2008 Homeless World Cup.

Leef Evans, 46, who played college soccer in South Carolina, was on the team last year but was sidelined because he ruptured a tendon in his left ankle.

"It was a bit of a bummer," said Evans, who suffers from bouts of depression and found himself homeless five years ago after losing his job. "Even still, I can't push off from the left ankle all that well. But they still want me.

I'll play the left side."

The group of nine players heads for Toronto tomorrow thanks to the largesse of a formerly homeless man. Joe Lepur, a local developer, was left homeless in France in 1965 after leaving what is

now Croatia.

"How do you pay back the people and the country that has given you so much opportunity?" Lepur said.

Lepur spent \$6,000 for uniforms and airfare for the team's nine members.

## Pulp and paper aid package expected today

**HELP** Canada is expected to lay out plans today to aid the country's pulp and paper industry, which says it has become the unintended victim of a tax windfall enjoyed by U.S. rivals.

Ottawa has been scrambling to come up with a response to the U.S. "black liquor" tax credit, which critics say has been misused by some American pulp mills, allowing them to overproduce at a time when the pulp market is already saturated.

Canada's forestry industry has been hammered by the economic crisis and the collapse of the U.S. housing market, and Ottawa has been under pressure to provide some assistance after coming to the aid of the auto sector.

Natural Resources Minister Lisa Raitt has scheduled a news conference for today to announce a "new program that will lay the groundwork for a greener, more sustainable future for Canada's pulp and paper industry."

REUTERS

## Olympic Village needs extra \$21.9M: Report

VANCOUVER  
**2010 Games**

**FUNDS** The Olympic Village needs another \$21.9 million, with the bulk of the money necessary for finishing affordable housing units at the site, according to a City of Vancouver report.

City council is being asked to approve the spending tomorrow, which is being blamed in part to "escalating construction prices and anticipated B.C. Housing financing costs."

The revised amount needed for the affordable housing portion is now more than \$110 million, up from \$95 million.

The city is also looking for another \$5.5 million to finish a civic centre at the False Creek location.

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\* Source: ACNielsen MarketTrack, last 52 weeks ending May 9, 2009, ecological bathroom tissue and paper towel categories, all sales.

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A 74-year-old British amateur gardener who won a 25-million-pound lottery prize said yesterday he would spend part of his winnings hiring an expert to learn how to grow better carrots. Brian Caswell said he had always struggled with the vegetable. **REUTERS**

**Money can buy carrot know-how**

# World



## Waitress walks free after killing official

A Chinese waitress who killed a government official when he assaulted her was set free yesterday, ending a case that sparked debate over widespread abuse of power. Deng Yujiao, left, was originally detained on suspicion of murder but was found guilty of the lesser charge of causing injury with intent. Deng stabbed township official Deng Guida to death at a bathhouse on May 10 when he assaulted her after she refused to provide sex. **REUTERS**

## U.S., South Korea stand up to North

**KOREA** U.S. President Barack Obama and South Korean President Lee Myung-bak presented a united front to North Korea yesterday, saying Pyongyang must abandon its nuclear weapons program and will not be rewarded for provoking a crisis.

With Lee at his side in the White House Rose Garden, Obama said a nuclear-armed North Korea would pose a "grave threat" to the world and vowed that new U.N. sanctions against the communist nation would be strictly enforced.

He promised to end a cycle of allowing North Korea to create a nuclear crisis, then granting concessions in the form of food, fuel and other incentives to get Pyongyang to back down, only to see it renege on its promises. **REUTERS**

## Iran won't annul vote

Guardian Council may re-tally; seven killed in violence

**Iran's top legislative body yesterday ruled out annulling a disputed presidential poll that has prompted the biggest street protests since the 1979 Islamic revolution, but said it was prepared for a partial recount.**

In what appeared to be a first concession by authorities to the protest movement, the 12-man Guardian Council said it was ready to re-tally votes in the poll, in which hardline President Mahmoud Ahmadinejad was declared the runaway winner.

But the powerful Council rejected reformist calls to annul Friday's election, which set off swift-moving political turmoil, riveting attention on the world's

### Media ban in Iran

Iran yesterday banned foreign media from leaving their offices to cover protests on the streets of Tehran. The Culture Ministry said journalists could continue to work from their offices but that it was cancelling

press accreditation for all foreign media. The announcement came after three days of streets protests against Iran's election results, during which at least seven people were reported to have been killed.

fifth biggest oil exporter, locked in a nuclear dispute with the West. State television said the "main agents" in post-election unrest had been arrested with explosives and guns. It gave no further details.

U.S. President Barack Obama, who has sought to engage Iran and asked its leadership to "uncle its fist," said he was deeply troubled by the post-election

violence and that protesters who had taken to the streets had inspired the world.

Supporters of Mir Hossein Mousavi, outraged at what they viewed as a stolen election, had planned another big rally yesterday, even though seven people were killed on Monday on the fringes of a vast march through the streets of Tehran. **REUTERS**

## Hollywood Condom protest



A young girl holds a sign during a rally in support of the use of condoms in the adult film industry in West Hollywood yesterday. The rally was organized by AIDS Healthcare Foundation in support of a legislation that would mandate the use of protection by adult actors. **REUTERS**

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**Giant video wall may 'erase' historic buildings**

A huge video wall will visually erase two historic buildings blocking the view of Greece's new Acropolis Museum and may save them from demolition, architects say. **REUTERS**

# Summit snubs the West

## Leaders of emerging world powers yesterday dismissed reducing reliance on the United States.

They talked at two summits hosted by Russia, but excluding the West.

The range of topics on the

agenda and the lineup of presidents attending showed the growing economic and political power of emerging nations, including India and China, and their desire to forge new levers of influence.

Host president Dmitry

Medvedev of Russia hailed the Urals city of Yekaterinburg as "the epicentre of world politics."

Medvedev said existing reserve currencies, including the U.S. dollar, had not performed their function and it's time for

change.

"We are likely to witness the creation of a supranational reserve currency ... which will be used for international settlements," he said. "The existing currency system is not ideal."

The so-called BRIC na-

tions of Brazil, Russia, India and China called for reform of international financial institutions, sweeping changes to the United Nations to give a bigger role to Brazil and India and a "stable and predictable" currency system. **REUTERS**

## News in brief

**DIET** Charging that toys sold with meals in fast-food outlets can lead children to develop bad eating habits, a Brazilian prosecutor has asked a judge to ban such sales nationally. Prosecutor Marcio Schusterschitz said fast-food toy promotions encourage children to buy high-fat meals and turn them into life-long eaters of high-fat foods. **REUTERS**

## Peru's PM to quit after Amazon crisis

### Peru Prime Minister Yehude Simon says he plans to quit.

Meanwhile, opposition leaders are demanding President Alan Garcia fire him for failing to avert deadly clashes between police and indigenous groups.

Simon said he will stay in his job leading Garcia's cabinet long enough to persuade Congress to repeal two controversial laws tribal groups say would speed destruction of the Amazon.

Tribes have said they would call off lingering protests if legislative de-

**34** The number of dead in police raids ordered 11 days ago to break indigenous blockades.

crees 1090 and 1064, which they fear would turn the rain forest over to foreign mining and energy companies, are struck down.

In the worst crisis since Garcia took office in 2006, at least 34 people died in police raids ordered 11 days ago to break indigenous blockades of roads and rivers in the rain forest. **REUTERS**

## Ontario's adoption records are now open.

visit [www.ontario.ca/adoptioninfo](http://www.ontario.ca/adoptioninfo)

**Effective June 1, 2009, Ontario's adoption records are open.** This means that adopted adults and birth parents can apply for post-adoption birth information from birth records and adoption orders.

An adopted adult, 18 years of age or older, can now apply for a copy of his or her original birth registration and adoption order. A birth parent can receive information from the birth registration and adoption order of the child that was placed for adoption once that child turns 19 years old.

If you want your identifying information kept private, and if the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto.

To learn more about your right to information and privacy regarding adoption, visit [www.ontario.ca/adoptioninfo](http://www.ontario.ca/adoptioninfo) or call 1-800-461-2156 (TTY 416-325-3408).

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# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

## Comment

# Snowbirds: An ironic emblem of failure

## TheWestView

**Paul Sullivan**

metronews.ca/thewestview

The Snowbirds are grounded ... again. You know about the Snowbirds? Those guys who turn up at air shows in their 40-plus-year-old jets expected to perform crowd-pleasing, death-defying manoeuvres?

Except they don't always defy death. At least seven brave pilots have died since the Snowbirds started flying back in 1971, and as the planes get longer in the tooth, the threat of fatal mechanical failure is greater than ever.

And they don't always fly. The fleet of 20 Tutor CT-114 jets has had a permanent maintenance crew assigned to them since 2001, but that hasn't prevented the latest problem with the jet's ejection seat.

So they're grounded and, as I write, may not be

ready for the big flypast on Parliament Hill on July 1. Not that you'll notice. The flypast takes about as long as it takes a politician to clear his or her throat.

Ahem. I've got to ask: How long are we going to keep this nonsense up?

The program costs \$10 million a year, which is a spit in the bucket in a country where we seem required to have a \$300-million election at least as often as a flypast, but the real cost is in human lives.

And what's the point? Why are we making these people take enormous

risks in ridiculously outdated technology? It's like having a team of precision gondoliers or acrobatic shepherds, only more dangerous.

Quaint, but deadly. Maybe if they were flying around in cool, state-of-the-art technology, I could understand, but these guys are in the airborne equivalent of a 1965 Chrysler. And how many vintage Chryslers do you see on the road, never mind in the air?

These things are so obsolete, every year another component becomes im-

possible to repair. Maintenance crews have started salvaging dials and tubes from other obsolete Canadian aircraft such as the decommissioned Hercules and sticking them on the Tutors.

Meanwhile, Canadians are busy getting blown up in Absurdistan. Our forces need all the help they can get, but instead they are hobbled with outdated, obsolete aircraft and ground equipment. If anything, the Snowbirds are an ironic emblem of the government's failure to adequately equip the peo-

ple we insist on putting in harm's way.

The government is seriously thinking about keeping these guys in the air until 2020, when no amount of chewing gum and binder twine will keep them airborne.

I, for one, hope they stay grounded. But I must be a communist or some other kind of subversive. But I don't mind — it's safer than being a precision gondolier.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

## Word on the street: Should mixed martial arts be recognized as a legitimate sport in Canada?

**Alex Ma**

age 26, Calgary

A: Yes. It's a sport just like any other sport. It's a good time just as long as people understand the sport.

**Sarah Mathison**

age 26, Calgary

A: I don't think so. It just encourages violence.

**Kevin McGillivray**

age 43, Edmonton

A: Absolutely yes. It takes a lot of discipline and a lot of hard work for these fighters to be good at so many disciplines. In my opinion it's a lot safer than boxing ...

**Gillian Wesley**

age 23, Halifax

A: I don't think things like cage fighting should be. I think that with a sport based completely on violence, I wouldn't like to see it as a recognized sport.

**Matthew Rizzo**

age 20, Ottawa

A: I think it should be ... because it has all the aspects of other sports — conditioning, training, dedication, motivation, competition.

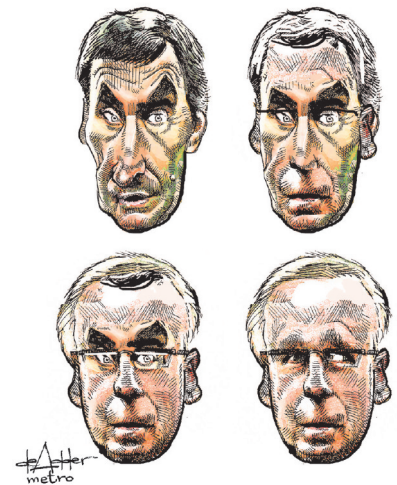
**Alison Thomson**

age 19, Toronto

A: If it's a physical sport, then yeah, why not.



## IGNATIEFF THIS WEEK:



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**B.C. smoked salmon headed to space**

Smoked salmon made by a B.C. business will be on board the space shuttle Endeavour tomorrow when it takes off for the International Space Station, CBC News Online reports. **METRO NEWS SERVICES**

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# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Air Canada seeks loan

Airline asking government for \$200M: Flaherty

**Cash-strapped Air Canada has approached the government for a loan, Finance Minister Jim Flaherty said yesterday as the airline works against the clock to stave off possible bankruptcy.**

Flaherty said Canada's biggest airline was in discussions with Export Development Canada for a commercial loan. A source close to the talks said the carrier was asking the federal financing agency for about \$200 million, a third of the \$600 million the carrier says it needs in the short term.

"Air Canada has had some discussions with Export Development Canada about possibly borrowing on commercial terms, but those are discussions that are ongoing."

**"Air Canada has had some discussions with Export Development Canada about possibly borrowing on commercial terms."**

Jim Flaherty, finance minister, said yesterday.

His comments come hours after Air Canada announced it had reached tentative agreements with the Air Canada Pilots Association and the Canadian Union of Public Employees on a 21-month moratorium on funding its \$2.9 billion

pension deficit.

An agreement with the unions on pensions and securing financing are crucial to keeping the debt-laden airline, which has been buffeted by a global slowdown in air travel and stiff competition at home, from filing for bankruptcy for the second time in six years.

The source said any loans to Air Canada would come from EDC's Canada Account, which is for transactions outside EDC's responsibility but deemed to be in the national interest.

The loan would be negotiated on a commercial basis and would not be considered by the government as a bailout. The EDC would administer the loan but the federal government would take on the risk. **REUTERS**

### Business in brief

**BLACKBERRY** Research In Motion is adding the BlackBerry Tour to its lineup as it aims to win market share among both executives and mainstream consumers. The Tour falls between the BlackBerry Curve, which has proved popular with consumers, and the BlackBerry

Bold, which RIM has aimed at high-end corporate users.

**OILFIELD** The government of Newfoundland and Labrador has signed a memorandum of understanding with a consortium that includes Exxon Mobil Corp. to develop the 220-million barrel Hibernia South oil-

field off the province's coast.

**WEB** MySpace said it will cut 30 per cent of its staff to lower costs as it struggles to stay popular in the face of rising competition. MySpace will be left with about 1,000 employees, it said in a statement released yesterday. **REUTERS**

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## Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

# Get a hand with buying a home

Online tool helps you with major purchase

**While they are often cause for celebration, planning a home purchase and a move are often cited as some of life's most stressful events.**

Many other life moments have built-in back-up to help you along the way: Weddings have planners, and vacations offer itineraries and tour guides. It only makes sense, that something as important as a home purchase comes with planners and checklists to keep us organized and in control every step of the way.

My Home Planner, found at homeownership.ca, is a new and useful online tool from Genworth Financial Canada that helps make sense of the homebuying process. It's like having a constant companion on your journey to homeownership — one with a great memory and a knack for details. An interactive calendar shows you your roadmap at a glance and serves as an official countdown to when you close the deal and move in.

My Home Planner does the memory work for you — keeping track of tasks and decisions that need to be handled on the way to your new home. It even generates email notifications to remind you of key details so that you can stay focused on the big picture.

Other free resources include:

- A personalization fea-



Want your car in that driveway? My Home Planner is an online tool to help you get it there.

ture that populates your Home Planner calendar with both standard and customized homebuying tasks

- The ability to save your own Home Planner to your desktop or laptop, and print it for easy reference

- Interactive tools like "What Can I Afford" and "Rent vs. Buy" calculators

- A library of articles from industry experts, filled with tips and advice about the homebuying process

Why go it alone? Tools like My Home Planner

**Step-by-step help**

from Genworth Financial Canada can help you understand what homeownership looks like, plan your journey and close the deal knowing that you haven't missed a single step along the way.

NEWS CANADA

## Finished school and entering the real world?

**SAVINGS** Graduating from university or college is a major accomplishment, and a major step forward in your life.

If there was ever a time to take a balanced approach to saving and spending, it's now. This can help you begin the next stage of your life on strong financial ground.

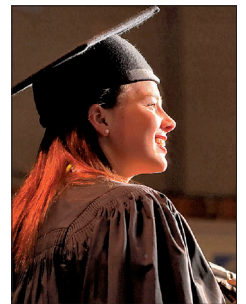
"While it may be hard to resist the urge to buy everything you want as soon as you land that first good-paying job, also think of where you want to be in five or 10 years and start a plan to help get you there," says Kavita Joshi, RBC's director of student markets.

This can include many things that might not be

top of mind but which new grads should think about, such as having an emergency fund.

"You need to cushion yourself in case of unexpected expenses, including periods of unemployment," says Joshi. "Set up a separate savings account not linked to your everyday bank account, and save up for three to six months of everyday living expenses."

Next, start paying off your debt based on which debt has the highest interest rate — this usually means credit cards. That can leave you with more money to start saving for something else new graduates want: A new car or



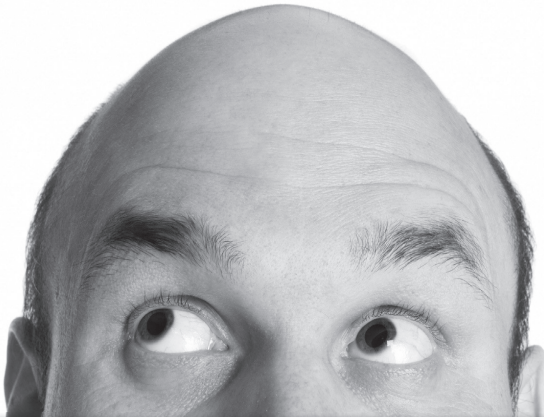
Taking a balanced approach to spending and saving is important to start as soon as your finish your education.

home. The sooner you plan and prepare, the closer you will be to getting what you want.

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## Missing something?

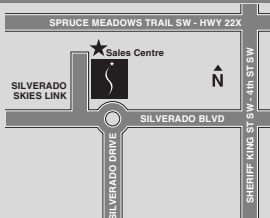


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Michelle Wie has failed to qualify for the U.S. Women's Open. Wie shot a 74 in the second round of qualifying yesterday, and missed by one shot. It will be the first major Wie has missed this year. Also failing to qualify were Natalie Gulbis and 18-year-old rookie Vicky Hurst. **METRO NEWS SERVICES**

# Sports



## Stallworth serving time

Cleveland Browns wide receiver Donte Stallworth, left, began a 30-day jail sentence yesterday for killing a pedestrian while driving drunk in Florida, a punishment made possible by his co-operation and the wish of the victim's family to put the matter behind them. Stallworth also must undergo drug and alcohol testing, will have a lifetime driver's licence suspension and must perform 1,000 hours of community service. **METRO NEWS SERVICE**

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

### Sports in brief

**SUSPENSION** Major League Baseball suspended Atlanta Braves minor league pitcher Rafael Cruz 50 games for violating the minor league drug prevention and treatment program.

**2016 OLYMPICS** Financial considerations should not drive the decision on which city hosts the 2016 Olympics, IOC president Jacques Rogge said yesterday on the eve of key presentations by the four candidates.

**2020 OLYMPICS** Prague will not enter the race to host the 2020 Summer Olympics as planned due to the global economic crisis. The city council of the Czech capital voted 11-0 yesterday to cancel preparations for

the bid, said Marketa Reedova, deputy mayor and council member. The decision is expected to be approved by Prague's municipal assembly tomorrow. **METRO NEWS SERVICES**

## Feasting on a new role

Chevrier eats his way onto O-line

**DAN TOTH**  
for Metro Calgary



**Randy Chevrier is cutting a wide swath through the lunch buffet at Calgary Stampers training camp, thanks to his appetite for success.**

The fifth-year Stampeder, the top long-snapper in the Canadian Football League, has been moved to offensive guard after seven CFL seasons on the defensive line and could use some extra bulk to solidify his new job.

Chevrier, who turned 33 the day before camp opened, had spent most of the off-season adding lean muscle with a tough training regime. Now he's been moved to the other side of the ball where football's heavyweights reside.

"I spent all off-season trying to lose weight and come into camp at about 250-255 pounds," Chevrier says.

"Then they told me I was going to the O-line, so now I'm up to about 265."

"This is a big learning curve and they put me there because they believe I can do it."

Chevrier is entering his eighth year in the CFL and earned a Grey Cup ring with Edmonton in 2003, but the McGill product concedes the positional move has been his greatest test since joining the pro ranks.

"It's a new challenge for me this year, so it's not the same old, same old again. Now I feel like a rookie all over again," Chevrier says.

The defending Grey Cup champs open the pre-season against the B.C. Lions tonight at 7 p.m. at McMahon Stadium with only a few jobs on the line as 20 of 24 starters from the

Grey Cup team returned to compete for their roles. Spots are available along the defensive line where Mike Labinjo is the only veteran. At quarterback, starter Henry Burris and backup Barrick Neely have secured their places on the depth chart. The third-string job is up for grabs between Drew Tate and Matt D'Orazio.



**Randy Chevrier**

## Judge's decision won't stop Balsillie's fight for Coyotes

**NHL** Jim Balsillie isn't giving up hope. The billionaire, however, chose not to show up for a news conference called on his behalf, letting others do his speaking for him when it comes to his continued pursuit of the Phoenix Coyotes.

"His commitment remains completely unchanged," said Balsillie spokesman Bill Walker, saying his boss was busy with work as co-founder of

Research in Motion the day after a judge rejected his \$212.5-million US offer to buy and relocate the team. "He's committed to Hamilton, he's committed to Copps Coliseum."

"He just sees this as another day at the office. He's moving forward. He's completely unfazed. 'What's next?' is his question."

What next, indeed. The NHL will be paying the bills of the Coyotes and, as a secured creditor, will be first in line to get its money back when the team is ultimately sold. The team will go up for auction Sept. 10 and it's the NHL's job to find a buyer to keep the team in Phoenix. If none can be found, it will be forced to allow the team to relocate.

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**Car entertainment most desired: Study**

Among consumers who plan to purchase a vehicle in the near future, select entertainment- and connectivity-related features are among the most desired technologies for their consideration, according to a recent J.D. Power and Associates study. **METRO NEWS SERVICES**

**13**

# Metro Drive

**Students with a Vue**

A student team from the University of Victoria placed second in the 2009 the EcoCAR Challenge, Canadian Driver reports. The competition focused on improving fuel efficiency in a 2009 Saturn Vue while retaining the car's performance and appeal. **METRO NEWS SERVICES**

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONWS.CA

## Kia dreams big with Forte

### Stylish compact replaces Spectra

LORNE DRURY  
for Metro Canada

**Building compact, economical cars has been Kia's forte over the years and for 2010 the Korean manufacturer has added a new Forte to its sales arsenal.**

The 2010 Kia Forte replaces the Spectra in the Kia lineup and brings a touch of styling pizzazz that is gradually evolving for Kia, as it becomes more of a global player in the automotive marketplace.

Kia has an ambitious goal to be the "design choice brand without high product pricing" and the Forte is a great example of the current philosophy.

While not an in-your-face design, it is clean and attractive and a worthy challenger for the class leaders, Honda Civic, Toyota Corolla and Mazda3.

This is an extremely important vehicle for Kia in the most competitive class

**2010 Kia Forte**

**Type:** Four-door compact sedan  
**Price:** \$15,695 to \$22,195  
**Engine:** 2.0-litre I-4 engine (156 hp, 144 lb/ft); 2.4-litre I-4 engine (173 hp, 168 lb/ft)

**Highlights**

- Affordable
- Bluetooth in all models
- Improved, roomy design

in the Canadian market. In fact, six of the top 10 cars sold in Canada compete directly with the Forte. And almost 50 per cent of all cars sold in this country are compact models, with the Civic, Corolla and Mazda3 accounting for about 40 per cent of that total.

Heavy competition indeed, but Kia has high hopes for the Forte, a five-passenger sedan, starting at \$15,695.

Available in three trim levels, the Forte has one of

The 2010 Kia Forte replaces the Spectra in the lineup and brings new styling pizzazz.



the roomiest interiors in its class. Built on an entirely new platform, the Forte has a longer wheelbase than the outgoing Spectra, which allowed engineers to increase the size of the interior package with room for five adults. The longer wheelbase also improves driving dynamics, while wider front and rear tracks increase sta-

bility on the road.

Trunk space is also up 17 per cent compared with the Spectra to 415 litres, the largest trunk capacity in its class.

Two brand new engines power the Forte. The LX and EX get a 2.0-litre DOHC in-line four-cylinder, producing 157 hp and 144 lb/ft of torque. The top-of-the-

line SX has a 2.4-litre in-line four-cylinder engine, with 174 hp and 169 lb/ft of torque. Standard on the LX and EX is a five-speed manual transmission or an optional four-speed automatic. The SX gets a standard six-speed manual or an optional five-speed automatic with Sportmatic sequential manual shift.

**AutoPilot****Michael Goetz**

Read this week's columns at [metronews.ca/autopilot](http://metronews.ca/autopilot)



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# Travel



## Onboard entertainment

Luxury operator Silversea Cruises will launch a new ship, Silver Spirit, early next year, and to celebrate, the company is lining up celebrity guest speakers and other special events during the 20-country, 45-port inaugural voyage. On the leg beginning Feb. 20, 2010, from Buenos Aires to Santiago, beloved funnyman John Cleese will "share insights and anecdotes from his long career and entertain guests." See silversea.com. **METRO NEWS SERVICES**

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# Far from the madding crowd

## These Greek islands offer a bit of quiet

ZOE KOSKINIDOU  
Metro World News



**Looking to escape the summer crowds in Greece's most popular island destinations? Zoe Koskinidou, gives us her insider tips on where the celebrities go when they want to find a secret paradise.**

### Patmos

**Why go:** The island is dubbed the Jerusalem of the Aegean, because John the Evangelist wrote the Book of Revelations there in 95 AD. But visitors don't need to be religious to enjoy the island: Patmos, combines a laidback pace of life with lively nightlife.

### What to

**see and do:** The most important attraction here is the fortress-like monastery of St. John, built in 1088 by monk Christodoulos. Halfway between Chora and Scala, the island's port, there is the Grotto of the Apocalypse, where the manuscript was written.

**Where to stay:** Casteli Hotel, casteli.gr, by the beach of the port has rooms for 45-75 euros a night for a double room and Byzance Hotel, byzancehotel.gr, in Skala with room rates from 30 to 100 euros per room per night.

**What to buy:** Porcelain, crystal and silver items. Patmos is also famous for its elegant embroidery.



The entrance to the port of Kastellorizo, which is among the smallest of the Greek islands.

**Where to eat:** George's place at Cambos offers great Greek cuisine and is a great place for celebrity spotting. Try Kimma at Aspri for fish dishes and a unique view.

**Where to drink:** for early drinks try Astivi in the town of Chora. After midnight, Casbah at the port town of Scala is a total must for visitors who really want to have fun, drink and dance all night long.

**Celebrities on the island:** David Bowie has a house in the island, and it's the favourite holiday spot of fashion designer Valentino.

**Kastellorizo**

**Why go:** This is one of the smallest Greek islands, located near the island of Rhodes and close to Turkey. Getting there involves a bit of a long journey, but the beauty of the place is ample reward.

Read more on page 15 »

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**Vacation planning**

The results of a new TNS Canadian Facts survey called show more than half of Canadians are planning an out-of-town vacation in the coming 12 months, with an average of three such trips on the agenda. **METRO NEWS SERVICES**



MICHAEL TORENTI/IMAGE BANK



STOCK IMAGES

Left, a view of cliffs and the sea on Paxos in the Ionian islands. Right, a terrace on Patmos, another of the Greek islands recommended by our correspondent.

» Continued from page 14

**What to see and do:** The famous aqua-colored cave of Kastellorizo is a geological phenomena and one of the most amazing formations on earth — the island is worth visiting for this cave alone. It's situated south of the island and the entrance is the height of a small boat that can just pass through the mouth when the sea is calm at dawn.

**Where to stay:** Try the quiet rooms of Damien's and Monika's Pension (Tel. 0030 22460 49028).

**What to buy:** When in Kastellorizo you must

buy katoumaria, a local sweet and strava, a sort of fried baklava filled with walnuts and spices.

**Where to eat:** There are several small taverns on the island. Wherever you go try seafood dishes and chickpea balls.

**Where to drink:** Although Kastellorizo is a very small island, you can find several bars to enjoy an early drink. Keep in mind that it is a quiet island, best suited for people who want to spend their vacations on the beach and have a great Greek dinner after a swim.

**Celebrities on the island:**

Princess Caroline of Hanover (and Monaco) picked the remote island to spend her holidays with her family.

**Paxos**

**Why to go:** Forget Corfu and Kefalonia — Paxos is the place to be if you want to visit the Ionian islands. Paxos, the baby of that group, is actually a cluster of small islands and rocky islets, the largest of which are Paxos and Antipaxos. The capital of Paxos is Gaios, a picturesque village

build around a port which is protected by two small islands, Agios Nikolaos and Panagitsa.

**What to see and do:** Visit Antipaxos and go to see the traditional vineyards. Another essential place to visit are the magical caves of Mognonissi.

**What to buy:** One of the main products of Paxos is olive oil. You can also buy excellent wine from Antipaxos' vineyards.

**Where to stay:** Villa Kastanida, is a beau-

tifully restored farmhouse with private pool set amongst the olive groves. Or you can stay at Villa Lioniskari, a charming traditional villa situated on a headland at the entrance to Mognonissi Bay, just a short drive south of Gaios town.

**Where to eat:** Restaurant Mambo is perhaps the best restaurant in Gaios and a favourite with lo-

cals, who pack the outdoors terrace. Try tasting the chicken dishes, grilled squid and meatballs.

**Where to drink:** Paxos is an island best suited for the romantic souls of this world — you won't find it full of wild clubs and bars.

**Celebrities on the island:** Actors Albert Finney and Susan York and the Italian Agnelli family, who run Fiat, are among those who have chosen Paxos for their vacations.

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An engine deal from Abu Dhabi's Etihad Airways worth more than \$5 billion US could be the biggest news to come from this week's Paris Air Show, where the global recession has frozen sales of planes from Airbus and Boeing Co. **REUTERS**

# 5 top tapas bars

Barcelona dishes up its take on tapas menu

The Catalan city of Barcelona is so popular with holidaymakers that it's hard to avoid falling into the trap of the ubiquitous tourist menu when you go out to eat.

Follow our guide, an exclusive extract from Time Out's new city guide to Barcelona, and you'll always strike lucky when you step out for tapas.

## Comerc 24

"Tapas," says Michelin-starred chef Carles Abellán, "are one Spanish thing I really like."



Left, a menu and tapas dish at Tapa24. Right, a chalkboard lists the offerings available at a Barcelona tapas bar.



He's not talking about the Spain he lives in, he's talking about the other Spain, the Spain that does not include Catalonia.

This passionately felt divide is one of the reasons

that tapas bars in Barcelona tend to be oriented to tourism, where they exist at all. They are simply not seen as Catalan enough.

Abellán set about to change all that a few years ago, with his übercool Comerc 24. Often described by international press as an "avant-garde tapas restaurant," in fact it serves platillos, small dishes of which the diner can order several.

These are inspired by Abellán's time in the kitchens of El Bulli, under experimental chef Ferran Adrià, and bear little resemblance to the ham croquettes and patatas bravas to which he refers.

His newer venture, Tapa24 redresses the balance; an old-school bar, serving traditional tapas of excellent quality. Among the lentils with chorizo and cod croquettes, however, his fans will also find playful snacks more in keeping with his previous style.

The McFoie Burger is an exercise in fast-food heaven, as is the Bikini — a

small version of his signature take on the ham and cheese toastie, this one with truffle.

• Comerc 24, C/Diputació 269, Metro Passeig de Gràcia Open 9 a.m.-midnight Mon.-Sat.; carlesabellán.com.

## Quimet i Quimet

Packed to the rafters with dusty bottles of wine, this classic but minuscule bar makes up for in tapas what it lacks in space. The specialties are conservas (shellfish preserved in tins), which aren't always to non-Spanish tastes, but montaditos, sculpted tapas served on bread, are spectacular.

Try salmon sashimi with cream cheese, honey and soy, or cod passata and black olive pate. Get there early for any chance of a surface on which to put your drink.

• Quimet i Quimet, C/Poeta Cabanyes 25, Metro Paral·lel. Open noon-4 p.m., 7-10:30 p.m. Mon.-Fri.; noon-4 p.m. Sat.; closed Aug.

## Inopia

Inopia opened by Albert Adrià a couple of years ago,

and it's been rammed ever since. As with Tapa24, the emphasis has been on a revival of old techniques and recipes, using the best ingredients.

Intopia's stark, overlit look and awkwardly L-shaped room, along with a determinedly straightforward approach was initially a disappointment for those expecting El Bulli style culinary fireworks, but has since won over the public with a slavish devotion to finding the best-quality produce and meticulous care in its preparation.

• Inopia, C/Tamarit 104, Metro Poble Sec. Open 7-11 p.m., Mon.-Fri.; 1-3:30 p.m., 7-11 p.m. Sat.; closed Aug. barinopia.com.

## Bar Celta

Bar Celta unapologetically '60s interior is fiercely lit, noisy and not recommended for anyone feeling a bit rough. It is, however, one of the more authentic experiences to be had in the Gótic. A Galician tapas bar, it specialises in food from the region, such as lacón con grelos (boiled

gammon with turnip tops) and good seafood, accompanied by crisp Albariño wine served in traditional white ceramic bowls. A characterful place.

• Bar Celta, C/Mercè 16, Metro Drassanes. Open noon-midnight Tues.-Sun.

## Euskal Etxea

This is a Basque cultural centre and the best of the city's many pintxo bars. Help yourself to dainty jamón serrano croissants, chicken tempura with saffron mayonnaise, melted provolone with mango and crispy ham, or a mini-brochette of pork, but hang on to the toothpicks spearing each one: they'll be counted and charged for at the end.

• Euskal Etxea, Placeta Montcada 103, Metro Barcelona or Jaume I. Open bar 7 p.m.-midnight Mon.; noon-5 p.m., 7 p.m.-midnight Tue.-Sat. Restaurant 8:30-11:30 p.m. Mon.; 1:30-4 p.m., 8:30-11:30 p.m. Tue.-Sat.

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The redesigned Barcelona city guide from Time Out is available from all good bookshops and timeout.com.

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## Extended battle

Initial signs point to a long, drawn-out legal battle in bankruptcy court for Extended Stay Hotels, the 680-property hotel chain bought in 2007 for \$8 billion US by a firm little known to the industry at the time. **REUTERS**

travel **17**

# Fish, environment bloom at Italy's Portofino park

The chic Italian seaside resort of Portofino may be known for its postcard-perfect views and celebrities, but deep underwater, the rich sea life is also claiming a name of its own.

The sea off the Ligurian coast hosts an underwater treasure trove of moray eels, grouper fish, bream, mullet, red starfish, hundreds of yellow cluster sea "daisies" and red coral adding bursts of colour against dark green algae-covered rocks.

In the last 10 years, since the Protected Marine Area of Portofino was founded, fish populations have grown as some activities became regulated or even banned, local officials, environmentalists, fishermen



Villas line the coast near Portofino, Italy.

and divers said.

Although they said it was difficult to quantify, all noted a difference.

"Some fish that were not there before have now reappeared," said Giorgio

Fanciulli, director of the marine protected area.

"For those that were caught

through fishing when diving, something that's now banned, it means they have come back in significant numbers."

The 374-hectare (924.2 acres) protected area runs from the town of Camogli around the promontory of Portofino, where colourful houses huddle around its little harbour.

The area is divided into zone A, which no one can enter, and zones B and C, each with their own rules. Boats need to anchor in specific areas, scuba divers are lim-

ited in numbers in the 20 diving spots and sport fishermen need special permits. "There was a lot of opposition at first, because it was feared that everything would be forbidden. Now things have changed," Fanciulli said.

Simone Gambazza, a fisherman from the town of Camogli, said he had been wary of the protected area at first but has welcomed some of the rules. Gambazza and his colleagues practise fishing net techniques that go back centuries. "As fishermen, we are happier that we don't have boats crossing us at nights. Sometimes, they wouldn't have

any lights on, or it would be people coming back drunk," he said. "Also the fish are less disturbed now."

The Portofino promontory has been known as diving spot for years. It even has a statue of Christ, 18 metres underwater.

"The quality of the dives has improved 100 percent," said Roberto Baciagalupi, who opened his B&B diving centre some 20 years ago. "Before you wouldn't see the grouper you see today."

There are 26 protected marine areas in Italy and only some have enjoyed major success like Portofino, Fanciulli said.

**REUTERS**

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## Top hotel mini-bars

Hotel minibars catering for a discerning type of guest are becoming more inventive with luxurious items such as Champagne cocktails and designer clothing found alongside the drinks and snacks. Men's website AskMen.com has come up with a list of some of the world's top hotel minibars:

### 1 W Retreat & Spa, Maldives

The W Retreat & Spa has stocked its mini-bars with an unusual item — a bikini by luxury beachwear label Heidi Klein. Crafted in W's signature purple, the bikini is a limited edition sold only on-site and comes with silver hammered-chrome detailing. If the bikini provided doesn't fit, a Bikini Butler is on-hand to measure guests for the right size.

### 2 Trump International Hotel, Chicago

Entrepreneur-cum-hotelier Donald Trump, who is a well-known teetotaler, has stocked the mini-fridges of his Chicago hotel with four hard-to-find waters — Welsh Tau, Australian Tasmanian Rain, 420, and Bling H2O.

**3 The Levin Hotel, London** After a hard day of retail therapy in upscale Knightsbridge, unwind with a cocktail in your room with each suite installed with a Champagne cocktail minibar. Each fridge comes

with half-bottles of Champagne, ingredients for mixing nine different Champagne cocktails and glasses in varying shapes and sizes.

**4 The James Hotel, Chicago** Here the mini-bar boasts 13 top-shelf liquors and a mixing kit that includes glass, strainer, tongs, spoon, and corkscrew. There's an extensive list of mixers, four varieties of eco-friendly water and snacks.

**5 Gansevoort South, Miami** The Gansevoort South has beefed up its mini-bar and modified its prices to enable guests to drink and eat in the comfort of their own suites. There's recession-friendly Dean & DeLuca treats for just \$3 US, 375 ml bottles of Grey Goose, Bacardi and Bombay Sapphire, a variety of mixers, and appropriate glasses.

**6 XV Beacon, Boston** Catering for jet-lagged guests, Boston's boutique hotel, XV Beacon, provides Sprayology in its mini-bar — an all-natural sleep enhancer for \$24 that also purports to flush away urban toxins.

### 7 Mondrian Hotel, Los Angeles

The minibars here contain an Alice in Wonderland Hand Mirror, designed by visionary Benjamin Noriega-Oritz that is made from shatterproof acrylic. The retro-styled mirror costs \$25 and is a perfect souvenir for guests. **REUTERS**

## Britain could be getting some old rail lines back

**More than 40 years since Dr Beeching broke the heart of train enthusiasts in Britain by slashing the rail network, plans have been lodged for a partial reversal of his cuts.**

Train operators are pressing for a \$800 million US expansion of the network to meet soaring demand for rail travel.

Fourteen lines in England and around 40 new stations have been identified in a report by the Association of Train Operating Companies (ATOC) which could serve more than a million extra passengers.

"This report has focused on schemes which could be delivered relatively quickly," said ATOC Chief Executive Michael Roberts.

It envisages short links to or new stations on existing lines, and using freight lines as well as railway land left by the line closures of the 1960s and '70s.

"Many past studies have

looked at re-opening old railways, but this one looks first at the market, not the map," said Roberts in a statement.

"It starts with people, where they live and where they want to travel. The schemes identified in this paper as having a positive business case would provide access directly and indirectly for a million people not currently well served by rail."

In 1948, at the formation of British Railways, the rail network extended to 19,598 route miles and 6,685 stations.

But costs were high and in 1963 Dr Richard Beeching published an efficiency report which led to the network being cut by around a third.

For train enthusiasts, still mourning the looming demise of steam railways in favour of the new diesels, the loss of so many rural lines wending their way through spectacular countryside was a crushing blow. **REUTERS**

## Mount Snowdon's tables back in business

**WALES** A new visitor centre has been opened at the top of Mount Snowdon in Wales, replacing an old cafe once dubbed "Britain's highest slum" by Prince Charles.

Perched 3,500 ft (1,067 metres) up, the imposing granite building offers spectacular views from the peak of the highest mountain in England and Wales. It was declared formally open by Rhodri Morgan, First Minister of Wales.

The old cafe was built 74 years ago and gradually became a sorry sight as the extreme weather conditions on the mountain took their toll. It eventually had to be demolished.

Construction of the new \$14 million US centre took three years.

"All the materials and the labour had to be carried on the train and the train only operated in certain times of the year, between Easter and October," said Llinos Angharad, Communications Manager at the Snowdon National Park Authority.

Over 350,000 people visit the area every year. **REUTERS**

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# Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

## Body, mind and soul

### Head to Toe

BRIAN COULTON  
for Metro Canada

For seven years, Chris Dunphy sat behind a desk, giving people financial advice on behalf of RBC. Now, you'd be hard pressed to find him sitting at all.

"I thought I was more a part of the problem as opposed to part of the solution — giving people loans, credit lines, advising on their finances and watching their self-worth rise and fall with the value of their RSPs," he said on the phone from Port Moody, B.C.

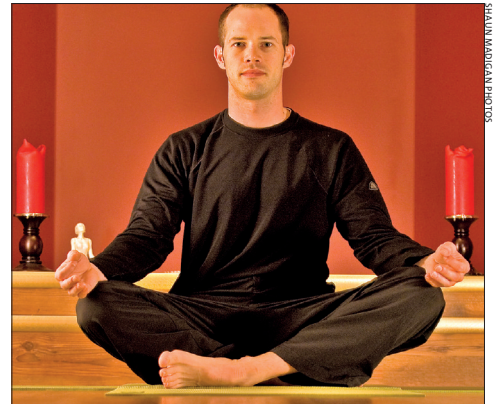
Dunphy, 35, left the security of the institution, trad-

ing in dollars for downward dogs. Always athletic, and slowly realizing the limitations of an aging body, he decided to make a 180-degree career change and pursue yoga instruction.

"I found people were wrapped up in the material," he said. "Yoga gets you out of that and says all the rest of this stuff is just frills. If you can't be happy with yourself, no amount of frills is going to make you happy."

He shed excess, refinanced his home and opened Newport Yoga Studio in Port Moody in late 2006. Now, his studio offers 15 different kinds of yoga and pilates classes, taught by nine different instructors.

To become a certified teacher, Dunphy took an in-



Chris Dunphy in the lotus pose at his Port Moody, B.C. studio.

tensive 200-hour course at the Salt Spring Centre of Yoga on Salt Spring Island, B.C. Standards to become certified vary across re-

gions. But the international body Yoga Alliance outlines educational requirements necessary to be dubbed a registered yoga teacher (RYT) that include technique, teaching, anatomy and philosophy training over a 200- or 500-hour period.

"Once you get into yoga instruction, you're a yoga student for the rest of your life," said Dunphy. From hatha yoga, which uses poses to promote flexibility and relieve stress to laughter yoga, which uses breathing exercises and chanting to stimulate laughter, Dunphy said there are dozens of styles to try out. "There are so many areas to continue to learn and grow in terms of teaching and practice."

One area he's grown in is the spiritual side of yoga. As yoga means "union" of the mind, body and spirit, it's separate from other modes of exercise that are usually bound solely to the body. Admittedly far to the physical end of the yoga continuum when he started, Dunphy said he learned to embrace its other spheres, motivated by his passion to help others.

"I think one particular part of yoga grabs you and then from there you really start to investigate the other parts," he said. "You can take them as deep or as shallow as you really want to take it."

"That's the beauty of yoga — it's got something for everybody."

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New baby for **Carnie Wilson**

Carnie Wilson has added to her brood. The singer and game show host gave birth to a healthy baby girl on Friday at Cedars-Sinai Medical Center in Los Angeles, her manager Mickey Shapiro confirms. **PEOPLE.COM**

19

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Golden Girl says 'yes'

NED EHRBAR  
Metro World News

**Before we even get started with our interview, Betty White wants to make one thing clear: She loves Canadians. Absolutely adores them. "I wish Americans could take manners lessons from them. They are so nice," she gushes. "We get some rather rude, hurried people here sometimes."**

Best known for her iconic roles on *The Golden Girls* and *The Mary Tyler Moore Show*, 87-year-old White is still quite active professionally, making regular guest appearances on *The Late Late Show* with Craig Ferguson and *Boston Legal*, and game shows like *Million Dollar Password*.

She's also been popping up in scene-stealing roles in films like the upcoming *The Proposal*, with Sandra Bullock and Ryan Reynolds.

With another project co-starring Sigourney Weaver and Jamie Lee Curtis about to start, the word "retirement" doesn't even register for White — though she has earned the luxury of being picky.

"They send me scripts, and some of them are not what you might call wonderful," she confides.

To most, though, White will always be Rose Nylund, the naive Minnesota native sharing a house with three friends in *The Golden Girls*. The recent passing of co-stars Estelle Getty and Bea Arthur has only bolstered the show's popularity.

And the outpouring of support after Arthur lost her battle to cancer earlier this year offered some comfort to the grieving White. "She meant so much to so many people. It

was heartening to see how much they rallied."

Saying goodbye, especially so soon after Getty passed away, was tough but necessary. "We had to let her go. She was so sick," White says. "She was in terrible trouble, pain-wise. And the morphine couldn't reach it. But she was someone special."

White says she's been keeping in touch even more these days with Rue McClanahan, the other surviving *Golden Girl*. "We've been clinging to each other ever since losing Estelle and losing Bea. We want to be together," White says. "You can't work that closely and not get terribly involved per-

### Movie feature

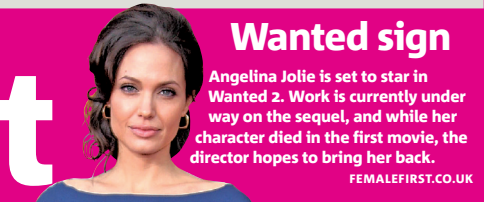
sonally." Another comfort has been the continuing popularity of the series, which still confounds White to some degree.

"When the DVD came out, I thought who's going to watch it? We're on four times a day. They know the lines better than we ever did," White jokes. "But sure enough, the DVD keeps selling all over the world. I hear from Finland, Bangladesh, Sri Lanka. Will you explain to me what people see in old broads in Sri Lanka?"

Probably the same thing they do in Canada.

**The Proposal hits theatres this Friday**

The word "retirement" doesn't register for Betty White, left, who can be seen next in *The Proposal* with Sandra Bullock.



### Wanted sign

Angelina Jolie is set to star in *Wanted 2*. Work is currently under way on the sequel, and while her character died in the first movie, the director hopes to bring her back.

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	- 47 AMC	Life Derek	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Home Improve.
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	- 94 MCP	Life Derek	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Home Improve.

### critics' corner

**In Plain Sight**  
One of Mary's (Mary McCormack) witnesses, a man named Lewis (guest star Matt Davis), is trapped in a building collapse. As Mary stays with him to await rescue, it becomes clear that his injuries aren't the only thing putting his life in danger; there's a sniper on a nearby roof and a reporter outside ready to blow his cover. Fred Weller and Paul Ben-Victor also star in the new episode "Rubble With a Cause." 10 PM on CICT



**Tattoo Highway**  
Thomas and Monica fly to Los Angeles to meet with a plastic surgeon to discuss options for Monica's breast enlargement surgery. Tommy finishes filling in a tattoo on Tyson's stomach that he had started a few years ago. Later he visits a friend to help him cover up the racist tattoos he got when he was a skin-head in the new episode "Go Bia or Go Home." 8 PM on A&E

**Kenya's Style**

**Kenya Hunt**

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# A role fit for a king

Anthony Head plays ruler, father to Prince Arthur in spin on classic

NED EHRBAR  
Metro World News



**Best known as stuffy mentor Rupert Giles on Buffy the Vampire Slayer, Anthony Head is returning to TV screens in Merlin, a BBC import that puts a new spin on a classic British tale.**

Head takes on the role of Uther, ruthless king and father of the impetuous Prince Arthur. Between the crown and tunic and the bloodthirsty brutishness, it's about as far from Buffy's cultured occult expert Giles as you could get. And that's just how Head likes it.

"I'm lucky to be in an industry that I can do anything," he says, easing back in his chair in the dining room of a Pasadena, Calif., hotel.

"I've worked quite hard at not being pigeonholed, not being limited by a role that I've done. I've turned down an awful lot of Giles-similar roles. Like professors and librarians, an awful lot of that."

In the meantime, he's popped up in a number of British TV series, going for laughs in Little Britain and My Family, and devouring children on Doctor Who. He was even rumoured to be one of the top choices to play the new Doctor on

the long-running series, something he shrugs off.

"There have always been bets that I might be the new Doctor," he says.

Head prefers audiences get a chance to see his range. "I've done quite a few different things," he explains. To that end, he's glad that Merlin is making

the jump across the pond. But he confides that the series — a kind of Smallville version of the King Arthur legend focusing on young Arthur and the wizard as teenage pals — almost didn't make it because producers couldn't find one key element.

"They nearly can-

celled it because they couldn't find Camelot," he says. "They combed Europe, but they couldn't find anything that ticked all the boxes."

But producers discovered Chateau de Pierrefonds in northern France just in time. Restored by

Napoleon III in the 1850s, the castle has held up better than its medieval predecessors.

"It's almost new," Head jokes. "Though it's got a few bits chipped out of it from where the Germans shot at it in the Second World War."

"It's absolutely beautiful. You've got this incredible depth that you could not create on a set." And Head admits that the setting does make his job a lot easier.

"I walked in and

went, 'Oh my god, I'm king.' I don't have to do any work, because this does it," he remembers. "This makes me king. All you have to do is turn up and be present."

Nice work if you can get it.



Best known as stuffy mentor Rupert Giles on Buffy the Vampire Slayer, Anthony Head is returning to TV screens in Merlin.

Merlin airs this Sunday on CTV.

## Nanny backtracks on Beckhams

**COURTS** David Beckham and his wife Victoria received an apology from a former nanny at London's High Court yesterday over her disclosures of confidential information about the celebrity couple.

The case resulted from allegations made by Abbie Gibson about the private lives of the England player and his former Spice Girl wife after she had resigned from her job.

Her claims were printed in a newspaper article in April 2005, captioned "Beckhams behind closed doors."

Yesterday the couple's lawyer Gerrard Tyrrell told the High Court Gibson had now agreed to "permanent undertakings of confidentiality," the Press Association reported.

She had "unconditionally apologized to David and Victoria Beckham and their family for breaching her duties of confidence"



David and Victoria Beckham have received a public apology.

and had also withdrawn a claim for constructive dismissal, he said.

"Between May 2003 and March 2005, Ms Gibson was employed as the nanny to David and Victoria Beckham's children," Tyrrell told the court.

"After she resigned from their employment, she gave an interview to the News of the World. In this interview she disclosed private and confidential infor-

mation about the Beckhams and their family."

The judge was also told that in July 2005, The People newspaper published an article headlined "Beckham's Hate Calls To Nanny," which falsely stated that David Beckham had made insulting and threatening telephone calls to Gibson. The paper later publicly apologized and paid libel damages to Beckham.

REUTERS

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**NYCgo**



# Whatever Works

a new comedy

IN THEATRES JUNE 26

# Leggy model still couldn't keep in step

Tara Didon accused of 'holding back'

RAFAEL BRUSILOV  
for Metro Canada



**A penchant for holding back kept Tara Didon, 19, from moving forward as she was eliminated from Canada's Next Top Model last night.**

The tall, lean model from Chateauguay, Quebec had been frequently told by judges she had the best body of all the girls in the competition but was lack-

ing something in her pictures.

Last night's episode saw the final seven models deal with stage-fright and pronunciation issues as they tried to do a television ad, with real-life super-model Irina Lazareanu looking on for moral support. The girls were given burlap bags to wear and told to "sell it" as they tried to read a script about the history of fashion.

Confused faces and butchered designer names abounded (one contestant actually referred to iconic label Chanel as "channel") but Heather managed to project some personality to win the challenge.

For this week's photo shoot, the girls had to model with a piece of duct tape covering their mouths, showing off

that they could use their eyes to speak for them instead. Ever-imploding Rebecca had a meltdown as she thought the other girls were mocking her at her shoot while Tara yet again failed to impress judges with her photo, prompting show host Jay Manuel to call her a "woman holding back," a comment Tara had seen levelled at her by judges in

previous weeks as well.

The judges eliminated her and she became the fifth person to leave the show this season.

Didon says she had an amazing experience on the show and wholeheartedly agrees with the judges' assessment, though she does feel she could have eventually been more successful on the show.

"Definitely I did hold back during the competition. I don't really know why — I know I could have done better," Didon said.

While she doesn't think she's a particularly shy person, she admits to feeling inexperienced at modelling compared to some of the other girls in the compe-

tion.

"For me, I felt like I needed to work harder than some of the other girls to get a great picture," she said.

Now that she's off the show, Didon is taking a slew of math courses to pursue a degree in finance. While she hopes to continue to model, she will always put her family life first.

"Whatever comes my way, I'm going to take it but modelling has never been my priority in life," Didon said.



Tara Didon, 19, was voted off Canada's Next Top Model.

JENNY VAN DER SCHIEDEN

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## Aerosmith guitarist on the mend

**HEALTH** Aerosmith guitarist Brad Whitford hopes to re-join his bandmates early next month after a head injury prevented him from playing on their newly launched tour, fellow guitarist Joe Perry said on Sunday.

Whitford, 57, is recovering from surgery for internal bleeding after he apparently banged his head while getting out of his Ferrari about a week before the tour began last Wednesday in St. Louis.

"It built up pressure and gave him this whoopin' headache," Perry told Reuters. "He's not prone to getting migraines, so knew

something was wrong. He went right in, they did what they had to do, and now he's getting better."

The target date for Whitford's return is July 7, when the band is scheduled to play a show in Raleigh, North Carolina, Perry said. Subbing for him is Bobby Schneck, who has played with Green Day and Weezer.

Rocking out with Aerosmith can be hazardous for your health. Four out of five group members have disclosed major medical problems in the last three years, including Perry who has been plagued by a bad knee ever since he fell off a



Brad Whitford

stage in Dallas 25 years ago. He underwent knee-replacement surgery in March 2008, but was "devastated" to learn around Christmas that the area had become infected, like a "rotten grapefruit," he said, and he would need to go through the whole procedure again.

REUTERS





Kate Moss keeps 100 cigarettes nearby at all times, femalefirst.co.uk reports. The supermodel loves smoking so much she reportedly makes her personal assistant leave a packet of her favourite Marlboro Lights on every table in her home before she goes to bed. **METRO NEWS SERVICES**

**Kate the chain-smoker**

## Celebrity Buzz

### Sex vid part of smear tactic?

**NEGATIVE PR** Just one month after nude photographs allegedly featuring Rihanna hit the Internet, the singer looks to be facing a sex tape scandal.

A preview for a video supposedly featuring the singer and ex-boyfriend Chris Brown has surfaced, according to Hollyscoop, and the full video is said to be coming out June 22 — the same day as Brown's hearing in his assault case.

**METRO WORLD NEWS**



GETTY IMAGES

### Lindsay the jewel thief?

**SUSPECT** She may have been the last one seen wearing them, but did Lindsay Lohan steal \$400,000 US worth of Dior jewels from her Elle photo shoot?

Under investigation by Scotland Yard, the disappearance of a set of diamond earrings and a necklace was reported on June 8. The baubles were on loan for a June 6 magazine shoot, people.com reports.

"We inquired and everyone from the shoot is being questioned," Lohan's rep told People. "Hair, makeup, stylist ... even

photographers. Lindsay hopes they find the jewels. She is happy to co-operate."

A police spokeswoman told People: "Inquiries are continuing and no arrests have been made. As far as who we will be interviewing



— we will be speaking to a number of people in connection with the inquiry and don't discuss the identity of the people we are planning to interview."

Meanwhile, a spokeswoman for Elle U.K. released a statement exonerating the 22-year-old star. "Elle has no reason to believe that Lindsay Lohan was in any way responsible and has no further comment to make."

**METRO NEWS SERVICES**

### Katy bullies fashion name twin?

**FAME GETTING TO HER HEAD?** Singer Katy Perry has sued fashion designer Katie Perry, demanding she change her name.

"It real-

ly felt like I was being intimidated and bullied into signing everything away," the Australian said. "(The letter) asked me to give up the trademark, withdraw sale of my clothes, withdraw any advertising and

any websites and sign that I will not in the future use a similar trademark to Katy Perry." There's only one problem. It appears the designer was in business before the singer.

**METRO WORLD NEWS**



### Living in Jodie's shadow

**MINI-ME** Evan Rachel Wood had ambivalent feelings about meeting Jodie Foster ahead of their forthcoming collaboration *Flora Plum* — because she blames the Oscar winner for a childhood trauma, femalefirst.co.uk reports.

As a child, Wood was pushed to emulate the actress' career by her mother, who was obsessed with Foster. The 21-year-old attended the same schools and learned

to speak French — like her mom's idol — so Wood found meeting Foster in person an odd experience.

She told the New York Daily News, "I actually got to sit down with Jodie and I thought, 'Not that this is a bad thing, but you've haunted me my entire life. I don't know whether to kiss you or punch you.'

"I wept going to sleep the night before, and I wept waiting for her at the restaurant. It was a big deal for me."

**METRO NEWS SERVICES**



### Speidi lash out at Al

**B-LIST** Heidi and Spencer Pratt are upset that Al Roker chastised them on Monday's *Today* show, usmagazine.com reports.

"People keep on referring to this weatherman like I'm supposed to know who he is," Spencer tells usmagazine.com hours after Roker — whom the Hills star admits he thought was just a fan from off the street — told

him people think he acts like a jerk.

Spencer's wife Heidi thought Roker went too far when asking if she was proud of her behaviour on NBC's *I'm a Celebrity... Get Me Out of Here*.

"This weather guy was definitely out of line, and he should stick to predicting cloudy days," Heidi told Us. "Maybe someone rained on his little parade today."

Heidi, who complained that Roker didn't thank them after the interview and made her cry after personally attacking her, says he should learn some manners.

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**my sister's keeper**

ALICIA VIKANDER, SUEEN PATRICK, JEFFREY VANDERKAM, JOAN CULLEN

JUNE 26

IN THEATRES JUNE 26

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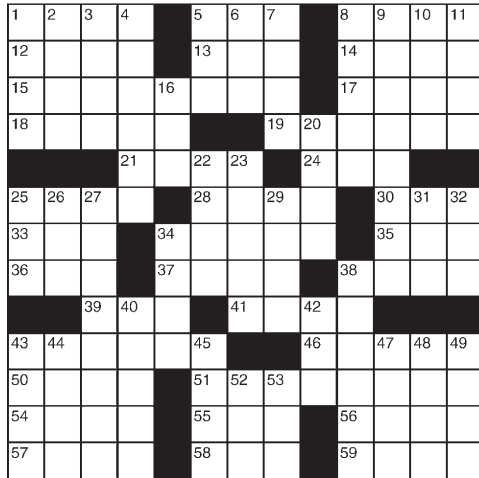




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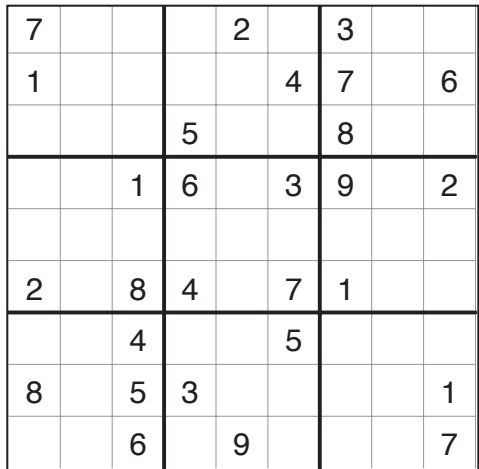
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**Sudoku**

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**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



**Crossword across**

- |                                |                                  |                          |
|--------------------------------|----------------------------------|--------------------------|
| 1 Snare                        | 24 In medias —                   | ian's stick              |
| 5 Wager                        | 25 Cougar                        | 46 Shoppers' meccas      |
| 8 Blue material?               | 28 Passport endorsement          | 50 State with conviction |
| 12 Apiece                      | 30 AAA job                       | 51 Tiny details          |
| 13 Jamie Foxx biopic           | 33 — Lanka                       | 54 Examines fully        |
| 14 Christmas tree, often       | 34 Flavoured like some mouthwash | 55 "— Got a Secret"      |
| 15 Labyrinth beast             | 35 Regret                        | 56 PC symbol             |
| 17 Initial stake               | 36 B&B                           | 57 Formerly, formerly    |
| 18 Military freshman           | 37 "Born Free" lioness           | 58 Caustic solution      |
| 19 Choice                      | 38 Memory unit                   | 59 Criterion             |
| 21 The same, in a bibliography | 39 "Caught ya!"                  |                          |
|                                | 41 Dandling site                 |                          |
|                                | 43 Disciplinar-                  |                          |

**Crossword down**

- |                             |                             |                          |
|-----------------------------|-----------------------------|--------------------------|
| 1 Office part-timer         | 20 Entreat                  | Life" author             |
| 2 Bar                       | 22 Mephistophelean doings   | Fannie                   |
| 3 Dermatologist's case      | 23 Capital of Belarus       | 42 Outback bird          |
| 4 Fear, plus                | 25 Omega                    | 43 Top choice, for short |
| 5 Lingerie item             | 26 Cologne-label word       | 44 Always                |
| 6 Cologne-label word        | 27 Novice                   | 45 Jannings of silents   |
| 7 Novice                    | 28 Sudden onrush            | 47 Grown-up nits         |
| 8 Sudden onrush             | 29 Government department    | 48 Cambodia neighbor     |
| 9 Government department     | 10 "Do — others ..."        | 49 Faxed                 |
| 10 "Do — others ..."        | 11 3-Down sufferer, usually | 52 Wall climber          |
| 11 3-Down sufferer, usually | 16 Sen. Kennedy             | 53 Born                  |
| 16 Sen. Kennedy             | 40 "Imitation of            |                          |

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**



Find today's answers + play more games at [metronews.ca](http://metronews.ca)

**SUDOKU SOLVE TIME:**

Under 13 min .....	Genius	17-21 min .....	Smart
13-17 min .....	Scholar	21-25 min .....	Not bad
		25+ min .....	Keep practising

**Metro Recipe of the Day**



**Beef Salad with Lentils**

**INGREDIENTS:**

- 1 tbsp (15 ml) whole-grain mustard
- 6 tbsp (90 ml) olive oil
- generous pinch of ground black pepper
- 2 beef steaks (about 1 lb/500 g in total)
- 1 cup (250 ml) green lentils
- 1 small sprig rosemary
- 1 1/4 cup (300 ml) low-sodium beef stock
- 2 medium carrots, diced
- 1/2 tsp (2 ml) salt
- freshly ground black pepper
- 3 tbsp (45 ml) red wine vinegar
- 1 tbsp (15 ml) chopped fresh thyme leaves
- 4 tbsp (60 ml) whipping cream
- 2 tsp (10 ml) creamy horseradish sauce
- 100 g (4 oz) lamb's lettuce
- 3 tbsp (45 ml) finely chopped chives

rots to cool in cooking liquid. Remove rosemary. Add 1/2 tsp (2 ml) salt. 2. Heat 1 tbsp (15 ml) oil in nonstick frying pan over medium-high heat. Add steaks; cook 3 to 5 minutes each side. Remove from pan, wrap in aluminum foil. 3. Whisk remaining 4 tbsp (60 ml) oil and 2 tbsp (25 ml) vinegar in medium bowl. Add salt and pepper to taste. Drain lentils and carrots from pot and add to bowl. Stir in thyme. Whip cream in small bowl until stiff; fold in horseradish sauce. 4. Slice steaks thinly and add any juices from meat to lentil mixture. Add remaining 1 tbsp (15 ml) vinegar and salt and pepper to taste. Place lentil mixture on serving plates with mâche. Add meat, top with little horseradish cream mixture and sprinkle with chives. Serve remaining horseradish cream mixture separately.

**SERVES 4**



**Horoscopes by Sally Brompton**

[sallybrompton.com](http://sallybrompton.com)

**ARIES**  
**MARCH 21-APRIL 20**  
Life is good and getting better by the moment and if you steer clear of depressing people there is no limit to how high your spirit can soar.

**TAURUS**  
**APRIL 21-MAY 21**  
Today's Sun-Neptune link-up will encourage you to be generous with your time and your energy, and maybe your money too.

**LIBRA**  
**SEPT 23-OCT 23**  
Someone you meet at a charity event will become a good friend over the next few weeks and they will open your mind to new possibilities.

**SCORPIO**  
**OCT 24-NOV 22**  
Sometimes you are happy to let fate take its course and sometimes you like to hurry things along a little. Today it will be a mixture of both.

**GEMINI**  
**MAY 22-JUNE 21**  
Even if you are one of those rare Geminis who prefers to stick with the old way of doing things you will be in an adventurous mood today.

**SAGITTARIUS**  
**NOV 23-DEC 21**  
There are so many good things going on in your life that you feel you ought to show your appreciation in some way. Give generously. You can afford it.

**CANCER**  
**JUNE 22-JULY 22**  
You may not be one for confrontation but if someone tries to take liberties today you must come down on them hard.

**CAPRICORN**  
**DEC 22-JAN 20**  
You are no stranger to effort but at some point today you will realize that the more you put into a situation the less you get out.

**LEO**  
**JULY 23-AUG 23**  
The Sun in Gemini at this time of year brings all sorts of new and interesting people into your social orbit and someone today will be important.

**AQUARIUS**  
**JAN 21-FEB 18**  
With the Sun in the most dynamic area of your chart over the next 24 hours this is unlikely to be just another day.

**VIRGO**  
**AUG 24-SEPT 22**  
Make sure that your employer and any other important people you have dealings with know who you are and what you can do.

**PISCES**  
**FEB 19-MARCH 20**  
Uranus in your birth sign is liable to be rather disruptive today but nothing will happen that you cannot handle.

**FULLY LOADED BONE MEAL CONTEST**

LOOK IN TOMORROW'S METRO FOR 1 OF THE 4 KFC WORDS

**Big Crunch** **Original Chicken** **Traditional Recipe** **Fries**

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# Canada's Economic Action Plan: 80% Already Underway

Canada's Economic Action Plan is well underway. That's the message contained in a new Report to Canadians by the Federal Government.

The report shows that 80% of economic stimulus is already being implemented and thousands of initiatives are taking shape across the country. This unprecedented action by the Federal Government is designed to help protect Canadians from the global recession that continues to affect countries around the world.

countries that has been less affected than others by the global crisis. Experts at the International Monetary Fund (IMF) noted, "the financial strains evident elsewhere are markedly less serious in Canada."

These same experts at the IMF have also been positive in their assessment of the Federal Government's Economic

**"The federal stimulus package (is) timely, appropriately sized, diversified and well structured..."**

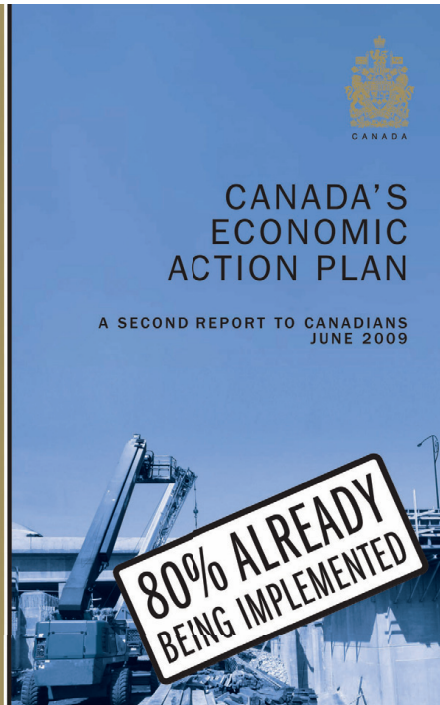
- International Monetary Fund

Top international economic organizations have been clear in citing Canada as one of the

Action Plan, concluding that "the federal stimulus package (is) timely, appropriately sized, struc-

CANADA'S ECONOMIC ACTION PLAN • A SECOND REPORT TO CANADIANS

Canada



tured, with steps to facilitate labor reallocation and protect the vulnerable."

In a nutshell, the Economic Action Plan encourages consumer and business spending by cutting taxes and improving access to financing. It creates jobs and promotes growth by investing in infrastructure. It assists unemployed Canadians by extending employment insurance benefits and funding skills training. And it helps build the economy of tomorrow by improving infrastructure at colleges and universities, while investing in research and technology.

With this Economic Action Plan, the Federal Government has also shown clear account-

ability by creating a government website, [www.actionplan.gc.ca](http://www.actionplan.gc.ca), that identifies the Action Plan benefits and programs available to Canadian families and businesses. These include benefits for home owners and home buyers, such as incentives for home renovation and first time home buyers.

Due in no small part to the action taken by the Federal Government, Canada is predicted to be amongst the first to emerge from this economic crisis. The Organisation for Economic Co-operation and Development has in fact predicted that Canada will lead the recovery among G7 nations in 2010.

## CANADA'S ECONOMIC ACTION PLAN

## IMPORTANT INFORMATION

# TAX CUTS AND BENEFITS FOR YOU

**80% ALREADY BEING IMPLEMENTED**

The Federal Government's Economic Action Plan is underway. **80% of stimulus measures are already being implemented.**

### Don't miss out.

Make sure you get the tax cuts and benefits you are entitled to.

The Plan includes:

- Time Limited Tax Cuts
- Extended Employment Insurance Benefits
- Infrastructure Spending to Create Jobs
- Green Investments in Clean Energy Research and Technology



Canada

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